

PSHCEE Curriculum Map

	Health and Wellbeing		Relationships		Living in the Wider World	
	Physical	Sex and Relationships	Social	Emotional	Economic Wellbeing	Being a responsible citizen
	<ul style="list-style-type: none"> • Health and Hygiene • Road Safety • Disease • Neglect • Drug misuse • Dangers of controlled drugs • Alcohol Abuse 	<ul style="list-style-type: none"> • Puberty • Consent / Healthy Relationships • Contraception • Teenage pregnancy • STIs • CSE / Trafficking • FGM • Discrimination • Stereotypes • LBQTQ+ • Internet Safety – sharing images 	<ul style="list-style-type: none"> • Bullying • Homophobia, transphobia • Stereotypes • Gender Based Violence • Forced Marriage • Extremism • Internet Safety - cyberbullying 	<ul style="list-style-type: none"> • Bereavement • Mental Health • Self Esteem • Identity • Peer pressure • Internet Safety – reliability of information 	<ul style="list-style-type: none"> • Financial management • Modern Slavery • Debt • Savings • Financial Scams • Value for Money • Internet Safety – password protections / scams 	<ul style="list-style-type: none"> • Antisocial behaviour and crime • Knife Crime • Mental Health • Internet Safety - Extremism
Year 7	Keeping safe and healthy <u>Neglect</u> Dangers at home and out of the home / hygiene / dressing / sleep / teeth	Changes at Puberty Changes at puberty / How to seek support / Emotional changes / Staying clean	Beginning to understand me and others Friendships / skills needed / valuing others / sharing my opinions	Knowing what to do Feeling / emotions / change and loss / who looks after me / secrets and surprises	Learning About Money Value of coins / spending money / cost of items / keeping financial records / managing money	Taking Part and Belonging Peoples responsibilities in the classroom / groups that I belong to / rules / helping or harming the community / respect
	Keeping myself healthy Healthy Diets / exercise / foods that can harm our bodies / responsibilities / where to seek help	Relationships and reproduction Reproduction / positive and healthy relationships Pregnancy / Concealed Pregnancies STIs / Contraception / support	Others and me in my class Strategies to resolve conflict / differences between people / communicating when I am unhappy or uncomfortable / who to go to	Developing Confidence Dealing with changes / Worry / Loss Coping Strategies / family networks / helping others	Keeping Money Safe Where money comes from / choices about spending money / keeping money / savings	Rights and Responsibilities Living things needs / Rights of the child / rights of children across the country / responsibilities

Year 8	Safe and healthy at home, school and locally Road Safety Bacteria / viruses / passing on illnesses / risks, dangers, hazards – managing them / rules to keep us safe / seeking help	Valuing differences and keeping safe Internet Safety Naming body parts with scientific vocabulary / appropriate touch / dealing with unwanted touch / different families / special people / caring for others	Supporting friends and other people Recognising feelings / making friends / bullying / listening to others we might disagree with	More about me Likes and dislikes / celebrating achievements / understanding emotions / protecting personal information / resisting pressure	Let's Go Shopping Paying for things / keeping track of money / impact of spending money / value for money	Diversity and Society My community / diversity / institutions which support communities / improving or harming communities / antisocial behaviour / bullying / lives of people across the globe
	Helping others to keep safe Risks in our locality / calling for emergency aid / basic first aid / habits	Growing Up Puberty / Responsibility with changes	Who are these people? Different types of people and relationships / Stereotypes / Discrimination Homophobia / Transphobia / cyberbullying	Taking more control Making right choices / peer pressure / feelings and emotions	Work and Money Jobs / savings / borrowing / charities	The Environment Harming the environment / how resources are allocated / local and global environmental concerns / improving the environment
Year 9	Drug Education Legal and illegal drugs / effects and dangers of alcohol / manage legal drugs such as caffeine / dangers of smoking / dangers of cannabis	Growing and Caring for Ourselves Our emotions and feelings / personal hygiene / similarities and differences between genders / growing / families and who looks after me	Being strong Understanding difference between confidential and secret / raising concerns / understanding pressure / discrimination / bullying	Moving on with confidence and clarity Identity and Self Esteem / images in the media / changes / managing conflict	Let's Make Money Paying for things / managing complex budgets / buying and selling / comparing prices / financial scams / profit and loss	The Media Research issues of health and wellbeing / media influence / media pressure
	Safe and healthy in the future Effect of physical activity and food on health / keeping myself and others safe and healthy / peer pressure	Differences LGBTQ+ Similarities between boys and girls / gender stereotypes / male and female body parts / celebrating differences	Me and my place in the world Working with others / Extremism / Discrimination / seeking help	Celebrate the past and welcome the future Relaxation / future plans / seeking help	Money in my Future Jobs and earnings / how the government provides / financial statements / debt / money has different values across the globe / exchange rates	Democracy and Government Rules and laws / UK governance / rules across the globe / different forms of government

Awareness Days / Weeks

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<p><u>Bullying</u> <u>Loudmouth - Bully 4 U</u></p> <p>Students learn about different types of bullying (including cyberbullying and, the impact of bullying).</p> <p>about how to get help and the responsibilities of bystanders to report bullying to an adult.</p> <p>how stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage.</p> <p>what constitutes sexual harassment and sexual violence and why these are always unacceptable.</p> <p>about online risks and how to identify harmful behaviours (including online bullying, abuse or harassment) and how to report, or find support.</p>	<p><u>Puberty</u> <u>Loudmouth - My Mate Fancies You</u></p> <p>Pupils are taught facts about puberty and the changing adolescent body, including physical and emotional changes.</p> <p>Pupils are taught key facts about the menstrual cycle including what is an average period, range of menstrual products and the implications for emotional and physical health.</p> <p>Pupils are taught about transition phase before moving to secondary school should support pupils' emotional and physical development so they are prepared for the changes that adolescence brings.</p>	<p><u>Exploitation, extremism</u> <u>Loudmouth - Working for Marcus</u></p> <p>Pupils are taught about grooming, sexual exploitation and domestic abuse, including coercive and controlling behaviour, should be addressed sensitively and clearly.</p> <p>Pupils are taught about sexual consent, sexual exploitation, grooming and coercion can affect current and future relationships.</p> <p>Pupils are made aware of the relevant legal position on sexual exploitation, violence and exploitation by gangs, extremism/radicalisation and criminal exploitation including 'county lines'.</p>			
<u>Road Safety Week</u>				<u>Diversity Day</u>	